

RafflesMedicalGroup

Health Screening Packages - Singapore Computer Society (SCS) Members

Health screening is essential for the early detection of diseases and conditions that can cause disability and death.
Early detection allows diagnosis and management of illnesses to be done appropriately.
When all that is taken care of, your health and wellness could then be enhanced to achieve your lifestyle aspirations.

Raffles Medical Group is pleased to offer comprehensive health screening packages for SCS members at special rates.
All packages are available at **Raffles Health Screeners at Raffles Hospital**.

S/N	Package Details	Raffles Lifestyle Package	Raffles Deluxe Package	Raffles Ladies Deluxe Package	Raffles Executive Package	Raffles Ladies Executive Package
A	Examination/ Review by Doctor	\$234.00	\$342.00	\$414.00	\$621.00	\$738.00
1	Interview on Medical History by Doctor <i>Past & present medical conditions will be reviewed. Do bring past medical records for doctor's reference.</i>	Yes	Yes	Yes	Yes	Yes
2	Physical Examination by Doctor Complete physical examination including eyes, ears, nose, throat and breast.	Yes	Yes	Yes	Yes	Yes
3	Body Fat Measurement <i>Measurement of the percentage of fat in the body.</i>	Yes	Yes	Yes	Yes	Yes
4	Body Mass Index (BMI) <i>Indication of whether patient's weight is within the healthy range.</i>	Yes	Yes	Yes	Yes	Yes
5	Blood Pressure Reading <i>Indication of whether patient's blood pressure is within acceptable levels.</i>	Yes	Yes	Yes	Yes	Yes
6	Visual Acuity & Colour Vision Assessment <i>Eyesight test and colour blindness test.</i>	Yes	Yes	Yes	Yes	Yes
7	Medical Report <i>Health report on results of tests.</i>	Yes	Yes	Yes	Yes	Yes
8	Post Examination Review <i>Review of health report with doctor. Advice will be given for abnormalities detected and recommendation for treatment.</i>	Yes	Yes	Yes	Yes	Yes
B	Laboratory Analysis					
9	Complete Haematological Parameters (CBC) <i>A complete blood count to check haemoglobin levels for blood sufficiency, white blood cells and platelet count. To exclude blood diseases like anaemia and leukaemia.</i>	Yes	Yes	Yes	Yes	Yes
10	ESR <i>This is a sensitive marker that gives indication of possible problems in any internal organ (e.g inflammatory diseases, blood disorders).</i>	Yes	Yes	Yes	Yes	Yes
11	Liver Function Test <i>To test the proper functioning of the liver and detect liver damage or inflammation.</i>	Yes	Yes	Yes	Yes	Yes
12	Kidney Function Test <i>To test the proper functioning of the kidney to exclude potential kidney problems.</i>	Yes	Yes	Yes	Yes	Yes
13	Blood Glucose <i>Screening test for possible or early diabetes.</i>	Yes	Yes	Yes	Yes	Yes
14	Lipid/ Cholesterol Profile <i>Test of the good and bad cholesterol in the body, as well as triglycerides. To determine risk of coronary heart diseases.</i>	Yes	Yes	Yes	Yes	Yes
15	Gout/ Uric Acid <i>To screen for risk of joint diseases, kidney stones and kidney damage.</i>	Yes	Yes	Yes	Yes	Yes
16	Thyroid Screen (Free T4 and TSH) <i>To assess the functions and activities of the thyroid gland, which controls various functions of the body, largely metabolism.</i>	Yes	Yes	Yes	Yes	Yes
17	Bone Mineral Status (Calcium and Phosphate) <i>To detect potential hormonal disturbances, bone disorders and risk of osteoporosis.</i>	-	Yes	Yes	Yes	Yes
18	Immunology: Rheumatoid Factor <i>To detect Rheumatoid Arthritis, a disease affecting several joints in the body. It can lead to pain and permanent deformities if left untreated.</i>	-	Yes	Yes	Yes	Yes
19	Cardiac Risk: Lipoprotein A <i>To determine the risk factor for heart diseases like stroke and heart attacks.</i>	-	-	-	Yes	Yes
20	Hormonal Profile <i>Progesterone/ Estradiol (E2) levels for Females or Testosterone levels for Males.</i>	-	-	-	Yes	Yes
21	Hepatitis A Screening <i>To screen if patient has immunity against Hepatitis A which is a viral disease that cause fever, nausea, malaise, anorexia and abdominal discomfort.</i>	Yes	Yes	Yes	Yes	Yes
22	Hepatitis B Screening <i>To screen if patient is a Hepatitis B carrier and if the patient has immunity against Hepatitis B. Hepatitis B problems range from mild liver infection to acute liver failure.</i>	Yes	Yes	Yes	Yes	Yes

S/N	Package Details	Raffles Lifestyle Package	Raffles Deluxe Package	Raffles Ladies Deluxe Package	Raffles Executive Package	Raffles Ladies Executive Package
B	Laboratory Analysis	\$234.00	\$342.00	\$414.00	\$621.00	\$738.00
23	HIV Screening <i>To screen for AIDS (Acquired Immune Deficiency Syndrome).</i>	Yes	Yes	Yes	Yes	Yes
24	Venereal Disease (VDRL/TPHA) <i>To screen for syphilis, a sexually transmitted disease (STD). If VDRL screen is positive, TPHA, a confirmatory test for syphilis is performed.</i>	Yes	Yes	Yes	Yes	Yes
25	Urinalysis <i>A screen to detect early signs of disease and if there is blood in the urine. Also to detect signs of diabetes or kidney disease.</i>	Yes	Yes	Yes	Yes	Yes
26	Urine Microalbumin (Qualitative & Quantitative) <i>To test for the presence of micro-protein in the urine, which may be a signal of early kidney disease.</i>	-	-	-	Yes	Yes
27	Stool Occult Blood <i>To detect bleeding from the colon which may indicate early cancer.</i>	Yes	Yes	Yes	Yes	Yes
B	Package/ Choice of Tests	Package	Choice of 2 (from S/N 28-34)	Choice of 2 (from S/N 29-33)	Choice of 3 (from S/N 28-34)	Choice of 4 (from S/N 29-33)
28	Pap Smear (Female) <i>To detect early signs of cervical cancer, pelvic infection or any tumours in the womb.</i>	Yes	Optional	Yes	Optional	Yes
29	Tumour Marker - Liver <i>To detect cancer of the liver.</i>	-	Optional	Optional	Optional	Optional
30	Tumour Marker - Colon <i>To detect cancer of the colon.</i>	-	Optional	Optional	Optional	Optional
31	Tumour Marker - Pancreas <i>To detect cancer of the pancreas.</i>	-	Optional	Optional	Optional	Optional
32	Tumour Marker - Ovarian (Female) <i>To detect cancer in the female ovaries.</i>	-	Optional	Optional	Optional	Optional
33	Tumour Marker - Breast (Female) <i>To detect cancer in the breast.</i>	-	Optional	Optional	Optional	Optional
34	Tumour Marker - Prostate (Male) <i>To detect cancer of the prostate, a common cancer in the male population.</i>	-	Optional	-	Optional	-
C	Radiological Investigations					
35	Chest X-ray <i>To detect the presence of lung tuberculosis cancer, pneumonia and other lung diseases.</i>	-	Yes	Yes	Yes	Yes
C	Package/ Choice of Tests	Package	Package	Choice of 1 (from S/N 36-38)	Choice of 1 (from S/N 36-41)	Choice of 2 (from 36-41)
36	Ultrasound Pelvis (Female) <i>To check on the uterus, ovaries and the fallopian tubes to identify any tumours, kidney stones and disorders in the urinary bladder.</i>	-	-	Optional	Optional	Optional
37	Ultrasound Breast (Female) <i>Recommended for women below 40 years old. To screen for breast lumps for potential breast cancer.</i>	-	-	Optional	Optional	Optional
38	Mammogram (Female) <i>Recommended for women aged 40 and above. To detect breast lumps for potential breast cancer.</i>	-	-	Optional	Optional	Optional
39	Ultrasound Abdomen <i>To evaluate the kidneys, liver, gall bladder, pancreas and spleen to detect any abdominal diseases.</i>	-	-	-	Optional	Optional
40	Bone Densitometry <i>This is a measurement of bone density to screen for osteoporosis.</i>	-	-	-	Optional	Optional
41	Treadmill Cardiac Assessment <i>An examination of patient's fitness and heart condition under stress. Helps detect heart disease (heart vessel blockage).</i>	-	-	-	Optional	Optional
42	12 Leads Resting Electrocardiogram (ECG) <i>To detect heart diseases, abnormalities of cardiac rhythm and heart enlargement.</i>	Yes	Yes	Yes	Yes	Yes
43	Tonometry <i>A routine eye test to screen for increased intraocular pressure (IOP), which increases the risk of glaucoma.</i>	-	-	-	Yes	Yes

Terms & Conditions:

- 1) Packages offered are valid until 31 December 2009 and subjected to GST at the prevailing rate.
- 2) Preferential rates offered cannot be used in conjunction with other promotions and offers.
- 3) Items declined in packages cannot be exchanged or refunded.
- 4) Health screening is by appointment only. Kindly call 6311-1222 for appointments (Call Centre).
- 5) SCS members shall produce their membership card upon registration and payment to enjoy the preferential rates.
- 6) SCS members' dependants (Parents/ Spouse/ Children) are entitled to the preferential rates if accompanied by SCS members with their membership cards.
- 7) All payments shall be made on the day of health screening (Available modes of Payment: Cash/ NETS/ Credit Card).

Health Screening Preparation:

- 1) Fasting is required for 8 hours prior to health screening. Plain water is allowed.
- 2) Bring along past medical/ health screening reports for doctor's reference.
- 3) For females, it is advisable for your health screening date to be at least 1 week after the last day of your menstruation.
- 4) For treadmill, kindly bring along jogging attire and shoes.
- 5) For ultrasound abdomen, prior fasting of 6 hours is necessary.
- 6) X-rays are not recommended for pregnant women or for those who have done a similar x-ray less than 6 months ago.

Our Location

Raffles Hospital
585 North Bridge Road
Raffles Health Screeners @ Level 2
Singapore 188770

Call Centre (For Appointments): 6311-1222

SBS Bus Services

Victoria Street

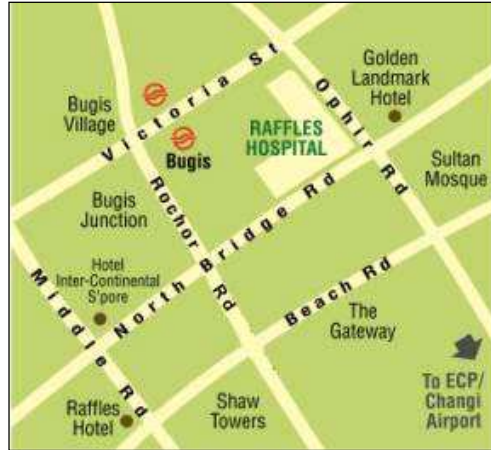
2, 7, 12, 32, 33, 51, 61, 62, 63, 80, 130, 133, 145 & 197

Ophir Road

125,130

Nearest MRT Station

Bugis MRT Station



S/N	RMG Clinics with Health Screening Facilities	Tel	Packages Available
1	OUB Centre Clinic 1 Raffles Place #05-03/04 OUB Centre S(048616)	6535 2222	Raffles Lifestyle and Raffles Deluxe
2	Raffles Airport Medical Centre Changi Airport Terminal 3 #B2-MS-15 S(819663)	6241 9900	Raffles Lifestyle and Raffles Deluxe
3	Tampines Junction Clinic 300 Tampines Ave 5 #01-05 Tampines Junction S(529653)	6788 2222	Raffles Lifestyle and Raffles Deluxe
4	Causeway Point Clinic 1 Woodlands Square #05-02 Causeway Point S(738009)	6894 0777	Raffles Lifestyle and Raffles Deluxe
5	Jurong East Clinic Blk 131 Jurong East Street 13 #01-267 S(600131)	6899 6688	Raffles Lifestyle and Raffles Deluxe

Note: Health screening is by appointment only.

Additional Tests to your Health Screening Package

S/N	Item	Price
1	Treadmill Cardiac Assessment (Heart Disease)	\$180.00
2	Mammogram (Breast Cancer)	\$120.00
3	Ultrasound Breast	\$100.00
4	Ultrasound Pelvis	\$100.00
5	Ultrasound Abdomen	\$173.00
6	Ultrasound Prostate	\$108.00
7	Bone Densitometry (One region)	\$95.00
8	Bone Densitometry (Total Body)	\$180.00
9	Tumour Marker - Ovarian	\$65.00
10	Tumour Marker - Breast	\$65.00
11	Tumour Marker - Prostate	\$65.00
12	Tumour Marker - Colon	\$39.00
13	Tumour Marker - Liver	\$33.00
14	Tumour Marker - Intestine	\$65.00
15	Spirometry (Lung Function Test)	\$30.00
16	Tonometry (Eyeball Pressure Test)	\$20.00
17	Audiometry (Hearing Test)	\$20.00

Note: Prices are subjected to GST at the prevailing rate.
Prices are subjected to change without notice.